Crisis Resource List

Crisis Services:

Immediate Urgent Response: 9-1-1

Acute Psychiatric Services:

Call: 855-515-5700

Provide crisis screening and referral for psychiatric emergencies.

Mobile Response and Stabilization Services:

Call: 877-652-7624

In home intervention available 24/7, to help children and youth who are experiencing emotional or behavioral crises.

Hotlines/Helplines:

Suicide Hotline:

Call or Text 988 National Suicide and Crisis Hotline



NI Hopeline:

855-654-6735

NJ Suicide Prevention Hotline

2nd Floor Youth Helpline:

Call or Text 888-222-2228 Youth helpline serving all youth and young adults in NI.

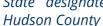
Trevor Lifeline:

Call 866-488-7386 or Text 678-678 Crisis and suicide prevention helpline for LGBTQ+ youth and young adults.

Center for Empowerment:

Call: 201-795-5757

Education and Outreach phone: 201-795-8559 State designated sexual assault program for







Contact Us For More Information



- Rossana McElroy, LCSW SCC Supervisor
- **Mary Griess, MSW Specialized Care Coordinator**
- Zulma Sanabria, CSW, MSW Specialized Care Coordinator





SCC@HUDSONCMO.ORG



Hudson County, NJ



What is Problematic Sexual Behavior (PSB)?

Problematic Sexual behavior (PSB) is sexuallyoriented conduct in children and adolescents that is not in alignment with their developmental stage, posing potential harm to those affected by such behavior.

SEXUAL BEHAVIOR IS A CONTINUUM Typical Problematic Exploratory Planned Agreed Upon Coerced Near Same Age Disparate Ages Periodic Preoccupying

Specialized Care Coordination plays a crucial role in guaranteeing that children initiating or impacted by Problematic Sexual Behavior (PSB), along with their families, have access to tailored medical and mental health services.



Referral Process

State Central Registry (NJ DCP&P) 1-877-652-2873

Types of Treatment

- Problematic Sexual Behavior- Cognitive Behavioral Therapy (PSB-CBT)
 - Adolescents (13 or Older) Initiating PSBone year
 - Children (12 or Younger) Initiating PSB
 16-18 weeks



- Trauma Focused- Cognitive Behavioral Therapy Problematic Sexual Behavior (TF-CBT- PSB)
 - o Children (3-12 years old)
 - 20-22 Weeks
 - With Identified Trauma

Who Provides Treatment and Recommendations?

Licensed Clinicians trained in PSB-CBT and TF-CBT modalities.

After an initial evaluation, treatment recommendations may include individual, group, and/or family counseling.

Regional Diagnostic Treatment Centers provide medical evaluation.



Hudson County Center is: Audrey Hepburn Children's House Hackensack, NJ

